

Mobile Technology Survey on the Camino de Santiago, April 2015
With Follow-Up in March & April 2016
 By Nancy L. Frey, PhD

Mobile Technology Survey: Table of Responses

All entries in table are direct quotes taken from the questionnaires. Further comments that I solicited after receiving the surveys were returned are included in the individual comments below. Q = Question relating to the numbers found on the Mobile Technology Survey that was administered to 51 participants on 4 April 2015 in Santiago de Compostela, Spain outside of the Pilgrim's Office.

# - Age, Sex, Nat	Start & # days	Q: #2 & 7 Tech carried	Q: #8 & 9 Tech use Camino vs. home	Q: 10 How use tech on Camino?	Q: 11 When use on Camino?	Q: 12 Would change tech habits?	Q: 13 Did your usage impact you?	Q: 14 Other's usage impact you?	Q: 15 Why go?	Q: 16 Motive change?	Q: 17 What Camino mean to you?
1-44, F, UK	Leon – 7 days	Yes, mobile	Same as home-1-5/day	d) pictures f) family contact	At accommod. only to check son	No, if situation same – 16 yr old son home alone	No- but "I felt guilty about using my smartphone to check in on Facebook"	No	"To join a friend who is walking the whole length"	No	"A nice few days walking with good company in mostly nice surroundings. Time off work."
2 – 26, F, Irish	Sarria – 6 days	Yes, mobile	Less on Camino, 1-5/day	d)pictures f)family contact i)Messaging **Not check but also used l) FB	"I chose to use my mobile once a day to text my family."	"Yes, I don't want to use Facebook or Instagram as much."	No.	Yes,"I noticed people on talking on the walk, children glued to game apps while eating dinner."	"To clear my mind."	No.	"Revitalizing and it has allowed me to clear my mind and gather my thoughts. I want to be more present, not worry about the future or fret about the past."
3-25, F, Italy	O Cebreiro – 7 days	Yes, mobile	Less on Camino – 6-10/days	f)family contact i)Messaging l) post or check on FB q)contact other pilgrims	No, no tenia reglas/No rules	No	"Creo que no, porque le usaba muy poco"	No	"Porque mi padre y mi primo lo han hecho todo." Word of mouth	No.	"Es algo espiritual y que puede liberarte de muchos acostumbres."
4 – 25, F, USA	Ponferrada – 9-10 days	Yes, mobile	Less on Camino – 1-5/day	d)pictures O)entertainment q) contact other pilgrims other)alarm clock	Photos & clock	No	Yes – "Helped with info about distances and albergues."		"Vacation/sport/break from daily routine"	No	
5-24, M,	Leon – 13 days	Yes, mobile	Less on Camino –	f)family contact	Yes. "Ya lo tenia decido	"Completamente ." He indicated	No. he said he only used it to look for	No	"Motivos personales"	No	Esfuerzo, felicidad/ Effort, Happiness

Spain			1-5	m) Camino type App	antes de usarlo menos. Pasaba todo el dia con el teléfono en la mano y querria hacerlo por la reflexión." "El primer dia decidi no usar durante el dia."	that "voy a usarlo menos" in daily life. He realized that he spent a lot of time on "tonterias y otras cosas" y "quiere libertad de la cosa" ("dumb and other things" and "wants freedom from it"	an albergue		personal reasons		
6 – 24, F, Italy	O Cebreiro – 7 days	Yes, mobile, camera	Less on Camino – 6-10	b)check messages d)pictures i)messaging q)contact pilgrims	When walking didn't look at phone but at end of day, yes To write family and friends	No. "Porque es mas facil viajar asi "and I try not to use tech too much.	No	No	Word of mouth, spiritual reasons	no	Encontrar gente, hablar Find people, speak
7 – 20, M, Italy	St Jean, 30 days	Yes, mobile	Less on Camino – 1-5/day	b)check messages e)friends f) family i)messaging	Used when "trovato il WiFi" found WiFi	-----	No	No	Personal reasons	No troveo tante risposte e angora piu domand e.	"Stare fuori dal mondo col mondo" it was being out of this world, in the world.
#8 24, M, Italy	O Cebreiro, 7 days	Yes, mobile, GPS & camera	Less on Camino, 6-10	b)check messages c)notification d)pictures e)friends f) family g)info on Camino i)messaging l)FB u)Track Your Walk type app	Only at end of day off Camino to save battery	Yes, "tomar más tiempo para mí y menos para el móvil." I would take more time for me and less for the mobile.	Yes, "Quite un poquito de tiempo al dia al camino para mantener relaciones con amigos y familiares." It took a little time away from the Camino keeping in touch.	No	Word of Mouth, Sport, Nature	No	"descubrir mis limites y nuevos sitios" Discover my limits and new places.

				v)GPS route							
9 – 56, M, Spain	Villafranca, 8 days	Yes, mobile	Less on Camino, 6-10	b)check messages i)messaging WhatsApp to contact pilgrims v) GPS	No	-----	No	-----	New experience	No	“Volver” return
10 – 27, F, Spain	Villafranca, 8 days	Yes, mobile	Less on Camino, 21+	c)notification d)pictures e)friends f) family g)info on Camino i)messaging WhatsApp l)FB q)contact pilgrims u)Track Your Walk type app v)GPS route	no	no	no	no	“Con la perspectiva que da el tiempo y el espacio (distancia) las cosas se ven distintas/Contacto con la naturaleza/Reto personal...”	No	“He alcanzado un reto personal/Me he acercado a mi padre y a mi misma/He conseguido estar conmigo misma, a solas. Durante mucho tiempo, en mi vida diaria no lo consigo”
11, F, 22, S. Korea	?, ?	Yes, tablet	Less on Camino, 1-5	b)messages f)family p)Forum w)Facetime/Skype	“I would use it when I’m alone at some place”	-----	Yes, “I can feel secure from using mobile phone”	Yes, “They were searching for useful information about next village we have to pass and I could walk more meaningfully”	“I wanted to think myself while I walked”	No	“The importance of relationship when they are surrounding me. Appreciation of daily life. Camino has taught me during the time!”
12, F, 37, Portugal	Valencia, 5 days	Yes, Mobile	Less on Camino, 1-5	b)messages d)photos f)family	Only at the end of the day	No	Yes, they have facilitated communication	No	To keep a friend company and have the experience	No	“Una experiencia”
13, F, 44, Portugal	Porto, 8 days	Yes, mobile	Less on Camino, 1-5	b)messages d)photos f)family i)Facebook	-----	-----	Yes, “Sem telemovil podemos estar mais afastado do quotidiano”	No	Knowing oneself/ spiritual	No	“Ainda nao descubri. Talvez seja intuitivo ou o encontre daqui a uns dias”.

				t)work			With no phone we can be further from the every day.				I haven't discovered it yet. Maybe it's intuitive or I'll discover it in a few days.
14, F, 39, Portugal	Valencia, 5 days	Yes, mobile	Less on Camino, 1-5	e)friends f)family	Only at the end of the day	No	No	No	??lasce?	No	"Una experiencia nueva, un cambio en la rutina del dia a dia." A new experience and a change from the normal routine.
15, F, 23, Germany	Bilbao, 23 days	Yes, mobile, tablet, iPod, digital camera	Other, 1-5	d)pictures u)Track your Walk app v)GPS	No, no rules	-----	No	Yes, "The lights of the displays from the mobile tech in the night."	"Having some peace."	No	"A lot"
16, F, 37, S. Korean	St Jean, 32 days	Yes, mobile	Less on Camino, 6-10	d)pictures e)friends f)family g)info n)Camino App p)Forum w)Skype/Facet ime	"use for camino-related information or taking pictures only when walking and search or send messages & photos only when I'm wired (WiFi available)"	"No. I had reasonable habits and rules, I guess."	Yes, "very useful when I use apps"	Yes, "other friends used better apps and devices that might help 'us'"	"Don't know. I was trying to find the reason on the Camino. It just came up to my mind."	"Well, I'm not sure if I find the reason. But I guess I know what I have done and will do next at least."	"I find that this Camino is not special way, but my decision to walk on this Camino is special. So I'll try to live my life that might lead to this road."
#17, F, 26, Spain	Sarria, 5 days	Yes, mobile	More on Camino, 6-10	b)messages d)photos e)friends f)family g)info i)Whatsapp h)camino app	Only used at the end of the day	No	No, "en algunas momentos me ha ayudado" In some instances it's helped me.	No	"Por vivir una nueva experiencia" To have a new experience.	Si. Al final me hizo reemplantarme varias cosas"	Una muy buena experiencia que repetiría de nuevo. A very good experience I would repeat again.
#18, M, 21, Italy	Sarria, 5 days	Yes, mobile	Less on Camino, 1-5 "El	d)photos f)family	No	-----	No	Yes, "La gente no duerme de	"Porque amo la naturaleza"	No	Una experiencia inolvidable, conocer nueva gente hablar

		Dig camera	mobile lo utilice casi nunca. La camera mucho.					noche!! Por culpa del móvil". People don't sleep at night b/c of the phone.	Because I love nature.		idiomas diferentes. Un camino FANTASTICO! An unforgettable experience, meet new people speak different languages. A FANTASTIC camino.
#19, M, 23, S. Korea	Sarria, 5 days	Yes, mobile , camera	Less on Camino, 1-5	b)messages d)pictures e)friends i)Whatsapp n)Camino apps s)check sports, news w)Skype	"In accommodation after eating dinner"	"In the daily life (during), I didn't use the mobile phone" ***see below	Yes, "to concentrate to daily life"	No	For experience	No	It was a special experience
#20, F, 22, German	Porto, 15 days	Yes, mobile	Less on Camino, 1-5	f)family	"Only in the evenings: saying goodnight to my boyfriend/telling my family that I'm okay."	No	No	No	Time to think	Yes, In the end I was bored and looked at the Camino more as a sportive thing and tried to get as much out of my body as possible .	Not a lot. I realized that it's not the walking which is fun, but walking in nature or on top of big mountains. The Camino Portugues was boring. Boring landscape, next to roads and not quiet at all.
#21, M, 32, S. Korea	Sarria, 5 days	Yes, mobile	Less on Camino, 6-10	a)emergency b)messages d)pictures f)family g)info h)book ahead	"At night, say good night to my friends and family"	No	No	No	For religious	No	"The way is not special but walking pilgrims make a way to special."
#22, F,	Valenca	No/Yes	Less on	b)check	After walking	Yes, would have	No, "decided	No, "no one	"father	"No, I	"Made new friends,

#62, Canada	, 6 days	, tablet but not to use as phone	Camino, 1-5	messages d)pictures e)friends f)family	in evenings	“practiced more before leaving home!!”	mobility device would cost more – data pkg cost, wanted to take pictures and email them home”	bothered us with their “tech time”	passed away, my life as care giver ended, new chapter in my life”	love hiking, its euphoric, I knew along walk would be toward a new chapter in my life”	walked with my cousin, got to know him better, shared emotions and thoughts, as well as fresh air, exercise, a renewal of religion”
#23, M, 21, Spain	Astorga, 10 days	Yes, mobile	Less on Camino, 1-5	b)messages d)photos e)friends f)family g)info	No “En el campo no”	Yes	Yes, “El no usar nuevas tecnologías ha sido gratificante y relajante.” Not using new media tech has been relaxing and gratifying.	No	Landscape and the experience	No	“Una experiencia gratificante, que mascara? Un inicio en hacer mas rutas a la montana.” A gratifying experience that ¿? A beginning to do more mountain routes.
#24, F, 20, Spain	Astorga, 10 days	Yes, mobile	Less on Camino, 1-5	b)messages f)family g)info l)WhatsApp	No	Yes	“me ha facilitado informacion”	No	Try new routes	No	“motivacion para seguir caminando” Motivation to keep walking.
#25, M, 23, China	Villafranca, 5 days	Yes, mobile and tablet	Same, 21+	b)messages d)pictures e)friends f)family g)info i)WhatsApp q)contact pilgrims v)GPS	No	-----	Nothing changed	-----	“interesant”	-----	“more experiece for my life”
#26, M, 45, Spain	Lugo, 3 days	Yes, mobile	Less on Camino, 1-5	b)messages c)notificaciones d)photos i)WhatsApp l)FB	“Uno especialmente al final del d. Particularmente escuchar	No	No	No	“relajar la mente y quitar ansiedad” Calm the	Yes	“Estudiar mis sil ¿??decido, reencontrarme y tranquilidad”

				n)entertainment while walking o)entertainment free time	musica” End of day and to listen to music				mind and diminish anxiety		
#27, F, 29, Spain	Ponferrada, 8 days	Yes, mobile	Less on Camino, 6-10	d)photos e)friends f)family g)info i)WhatsApp l)Facebook q)contact pilgrims	“intentar usarlo lo menos posible” Try to use it as little as possible.	No	No	No	Una promesa (religiosa) A vow (religious)	No	“Una gran experiencia personal”
#28, M, 21, Croatia	Pamplona, 5 days, BICI	Yes, mobile	Same as home but different use	b)messages c)notifications d)photos e)friends f)family g)info i)Whatsapp	No	No	Yes “helped with maps”	No	“just to do it”	Maybe a little bit.	Routine
#29, F, 35, Spain	Caceres, 8 days BICI	Yes, mobile, camera, GPS	Less on Camino, 1-5	d)photos e)friends f)family h)book ahead i)WhatsApp v)GPS	“la soliamos usar al final del dia” End of day	No	No	No	“Para descansar mentalmente” Mental rest	no	“Una visita cultural haciendo deporte.” A cultural visit doing sports.
#30, F, 40, Spain	O Cebreiro, 7 days	Yes, mobile, camera	Less on Camino, 21+	d)photos e)friends f)family i)Whatsapp j)blog	“Usarla para sacar fotos y al final del dia para comunicarte con familiares y amigos” Photos and end of day	Yes. “Igual menos Whastapp durante el dia y limitarlo al final de la etapa.” Probably less Whatsapp during the day and limit it more at end of day.	No	Yes. “Habia peregrinos que iban con la musica alta y molestaban” “ There were pilgrims who listened to loud music and it was annoying.	“Hace varios años que decidiamos hacerlo y este ano cuadro momento, tiempo y vacaciones” Wanting to do it several years and finally worked out.	No, “No venia con ningun motivo en concreto y si he encontrado Amistad y que la vida tiene muchas alegrías	“Paz interior, tranquilidad, desconectar de la rutina y amistad, amabilidad y que hay mucha gente buena y que las apariencias engañan” Interior peace, calm, disconnect from the routine, friendship, kindness, goodness of people, appearances are deceptive.

										”	
#31, M, 34, Spain	O Cebrero, 7 days	Yes, mobile , camera	Less on Camino, 21+	b)messages d)photos e)friends f)family h)book ahead i)Whatsapp j)blog k)diary l)Facebook q)contact pilgrims u)Wikiloc app	Yes. “solo al final del dia, blog-diario” Only at the end of the day to write blog diary.	Yes	Yes, “Todos los amigos y familia han sido de alguna manera peregrinos tambien”. All my friends and family have been pilgrims of a sort.	No	Same as above, wanting for awhile and this year worked out.	No	“Compartir parte de mi vida con mi pareja y saber que aunque estemos solamente los dos todos los retos los podremos conseguir” Share part of my life with my partner and know that we can do anything together.
#32, M, 24, Canada	St Jean PP, 24 days	Yes, mobile , camera	Other, 1-5	a)just for emergency b)messages c)notifications d)pictures e)friends f)family o)entertainment downtime q)contact pilgrims s)check sports, news, Other – check weather	No music while walking. Never going on reddit.com since I do at home a lot.	No. The amount of available WiFi was the biggest factor for me.	No. There isn't a lot of WiFi. That is a good thing.	Yes. Walking past people playing music loudly.	New experience. Looking for a new way to travel.	I became slower and more relaxed after 14 days.	A perfect way to conclude 6 months of solo travel.
#33, F, 21, Spain	Sarria, 5 days	Yes, mobile , camera	Less, 6-10	b)messages c)notifications d)pictures e)friends f)family g)info h)book ahead i)Whatsapp l)Facebook m)Caminoapp v)GPS	When walking not use it, only when you stop. “Mientras caminas no utilizarlas, solo cuando paras”	No	No	No	“Para vivir la experiencia y conocer otros lugares” To live the experience and visit new places.	Es mas duro de lo que parece. It's harder than it seems.	Un Nuevo reto, pense que no podia y lo logre. A new challenge, I thought I couldn't and I did.
#34, F, 30, Hunga	Ponferrada, 8 days	Yes, mobile	Less on Camino, 1-5	b)messages, d)pictures e)friends	I used my mobile when stopping for	I would use my mobile even less because the	Yes, Besides keeping contact with family/friends	Yes, It was rather disturbing	Initially I came to the Camino to	She used an arrow to	I don't think it changes my life but it brought me a little closer to

rian/R omani an				f)family	breaks or approx. 5x/day for taking pictures. My rules was not to check my mails and FB at all, and I'm happy that I succeeded.	Camino is a place for me, God and the persons I meet on the way.	and taking pictures, I received some questions through SMS from a priest that helped deepen my meditation.	when other pilgrims listened to music from the mobile or talked loudly.	see the landscape, shartly before starting I decided to take seriously the religious aspect too.	point to her previous answer. Her motive changed before she started rather than during.	God and it was good to walk along the path that many people walked searching for a remedy to their pain. I imagined hundreds of tired, honestly praying pilgrims in the course of hundreds of years.
#35, F, 16, Swede n	Sarria, 6 days	Yes, mobile	Less on Camino, 6-10	d)pictures n)entertainme nt when walking O)entertainme nt downtime Other)listen to music when walking	No, just to take pictures and listen to music nothing else.	No	No	No	I got it as a present from my grandparents a confirmation present.	No	I've earned experience if I would so something like this again.
#36, F, 44, Swede n	Sarria, 6 days	Yes, mobile	Less on Camino, 11-15	d)pictures f)family h)book ahead l)Facebook u)Track Your Walk	In general I do not use much so no.	Perhaps skip Facebook	A little bit disturbing not to disconnect from other things (through FB).	No	Spend quite time with my daughter. Adventure	No	Physical challenge, feel physically stronger.
#37, M, 56, Turkey	St Jean PP, 23 days	No	No communi cation with home by any means	No. he did not use someone else's device	Would make same decision re tech? "Yes, this is spiritual trip of life."			No	Spiritual	Yes	You find yourself again and again.
#38, M, 29, Spain	Sarria, 5 days	Yes, mobile , camera, GPS	Less on Camino, 6-10	c)notifications d)photos e)friends f)family g)info i)Whatsapp l)Facebook o)entertainme	"En las paradas o al final del dia" when stopped or end of day	No	NO	Si, "Han abusado de las tecnologias demasiado" Yes, they have overused	"Me gusto la idea y queria probar la experiencia" I liked the idea and wanted to try the	No	"Mucho esfuerzo y superacion" Lots of effort and overcoming challenges.

				nt free time t)work w)Skype				tech too much.	experience.		
#39, F, 23, Peru	Sarria, 5 days	Yes, mobile	Less on Camino, 6-10	b)messages c)notifications d)pictures e)friends f)family g)info h)book ahead i)whatsapp l)Facebook o)entertainment free time p)Forum q)contact pilgrims v)GPS	Mientras caminaba solo lo usaba en caso de emergencia o para activar GPS. While walking I only used it in case of emergency and to activate GPS	"No creo, cuando vuelva a mi rutina lo usare mas que durante el Camino." I don't think so, when I return to my routine I will use it more than during the Camino.	"Me he sentido ayudada cuando lo necesitado y considero que debería desengancharme un poco del móvil. Yes, I have felt helped when I needed it and I think that I should disengage a little from the phone.	No	Por probar la experiencia, por acompañar a mis amigas, por probar mis propios límites y para ver si me encuentro en el camino. To try the experience, to accompany my girlfriends and to see if I find myself on the "path".	No. Los he superado. No l've overcome them.	"Superacion de mi misma, satisfaccion, empatia con los demas, altruismo y companerismo. Refuerzo espiritual. Going beyond myself (overcoming/surpassing oneself), satisfaction, empathy with others, goodwill and companionship. Spiritual reinforcement.
#40, F, 24, German	Leon, 11 days	Yes, mobile, camera	Less on Camino, 1-5	a)emergency d)pictures e)friends f)family Other)listen music for roughly 30 min before sleep	I need my phone to work so I set the rule to myself before starting to use it less to get some quietness.	No	No	No	Get peace, quietness, become fit, get away from 'normal' life.	No	A lot...I enjoyed it so much that I will go on to Finisterre and Muxia.
#41, M, 35, German	Ponferrada, 7 days	Yes, mobile, camera	Less on Camino, 1-5	a)emergency b)messages g)info v)GPS	I will use it as less as possible	Maybe use it more for connecting to other pilgrims, less in checking messages.	No	Yes. I saw that many pilgrims use WhatsApp and would ???to/do.	Finding myself	No	Finding peace
#42, M, 26, German	Pamplona, 25 days	Yes, mobile, GPS	Less on Camino, 1-5	b)messages d)pictures i)Whatsapp l)Facebook n)entertainment	While walking =only photos Albergue = WiFi, normal	No	Yes, finding locations (GPS)	No	Like to hike	Yes (more spiritual)	Made me think about past and coming decisions.

				nt walking o)entertainme nt downtime q)contact other pilgrims v)GPS	use						
#43, M, 26, Brazil	Valenca , 4 days	Yes, mobile , camer afitnes s watch, GPS	Less on Camino, 1-5	a)emergency b)messages c)notifications d)pictures e)friends f)family g)info i)whatsapp q)contact pilgrims s)read news v)GPS	“Usei somente nas noites de cada dia” I only used it at night each day.	No	Si, Ajuda muito na comunicacao. Yes, it helps a lot with communication.	Si, Alguns peregrinos utilizaran aparechos que ainda nao tinha visto. Yes, some pilgrims had applications I hadn't yet seen.	Nova experience. New experience	Aventur a	Inesquecibel e indescritibel. Incredible and undescrivable.
#44, M, 21, Brazil	Viana do Castelo, 6 days	Yes, mobile , fitness watch, camer a	Less on Camino, 1-5	b)messages c)notifications d)pictures e)friends f)family g)info i)whatsapp j)Facebook n)entertainme nt when walking q)contact pilgrims s)read news v)GPS	No	No	Yes. Sometimes It had a positive impact in the sense that when I was feeling run down I'd listen to music and it'd cheer me up and encourage me.	No.	I've always felt like it'd be cool to go on the camino , but in spite of being Catholic, I wanted to mostly for fun.	Yes, It became a journey to prove to myself I could do it.	It meant a lot, in a way that I never thought I'd be able to do it and now I think I can do much more.
#45, M, 57, Spain	Sarria, 5 days	Yes, mobile	Just for photos, 1-5	e)friends f)family	-----	-----	Si , fotos instantaneas sobre el paisaje	-----	Lo organizo en familia	-----	Es una experiencia única. It's a unique experience.
#46, F, 35, Portug al	Xunquei ra de Arriba, 5 days	Yes, mobile	Less on Camino, 1-5	b)messages d)take pictures f)family i)Whatsapp	I would just use my mobile phone at coffee shops	No	No then changed to Yes in daily life “everyone expects answers quick” and it was nice to have the Camino as an	No	It is the second time I am doing it. It is a way of knowing other places.	No	Being able to overcome barriers (physical and mental)

							excuse to not answer.				
#47, M, 23, Spain	Sarria, 5 days	Yes, mobile	Less on Camino, 1-5 days	b)receive messages c)notifications i)Whatsapp	Intentar no usar mucho el movil. Try not to use the mobile a lot.	Yes Si, los cambiaria.	No. "No necesitaba el movil para vivir la experiencia" I didn't need the phone to live the experience.	No. "Lo que hiciesen otros peregrinos es cosa suya." What others pilgrims do is their business.	"Por la experiencia y las ganas de superarme a mi mismo." For the experience and desire to challenge myself.	"Si. Los superé." Yes, I surpassed the challenges.	"Saber que puedo cumplir mis metas y puedo superar mis objetivos." To know that I can meet my goals and accomplish my objectives.
#48, F, 52, Australian	Sarria, 6 days	NO, "I wanted to be totally free of technology and my need to use it.	How communicate with home if did? DID NOT COMM with home (caps in original)	Question: make same decision? Yes, It was freeing to be without it.	Did she ever borrow someone else's tech device? No		I did notice many people using it. It was annoying at times to have people talking on their phones while walking.	Yes, noise pollution and distracting.	Self-exploration and to do something spiritual	Not really.	It has been a time of quiet reflection and introspection. It has helped me on my life journey. The experience is indescribable.
#49, F, 59, USA	Sarria, 6 days	Yes, mobile, kindle (with WiFi)	Less on Camino, 1-5 "Just to check the time and to call 2 places we had reserved for future nights.	f)family g)info h)book ahead i)whatsapp j)blog Other)Kindle for maps of Camino, Bible, Daily devotion and novels	Only when stopped for accommodation that had WiFi	-----	Yes, making accommodations and letting family know I was okay.	No, seemed out of place to see others on the phone while walking.	To reflect and be quiet, to learn from others.	Not really	A way to listen to God, to learn from others, to learn how the body functions under different pressures of pain and discomfort.
#50, M, 28, Spain	Tui, 6 days	Yes, mobile, tablet, camera	Less on Camino, 6-10	b)messages d)photos e)friends f)family g)info h)book ahead i)whatsapp	No	No	No	No	Reto personal/experiencias	no	Una experiencia unica.

				l)Facebook p)Forum v)GPS							
#51, F, 35, Japan	Sarria, ?	Yes, mobile	Same as home, 1-5	b) messages	-----	-----	-----	-----	For health	yes	Life