LIVE FROM THE CAMINO

WALKING THE CAMINO DE SANTIAGO PILGRIMAGE IN THE DIGITAL AGE

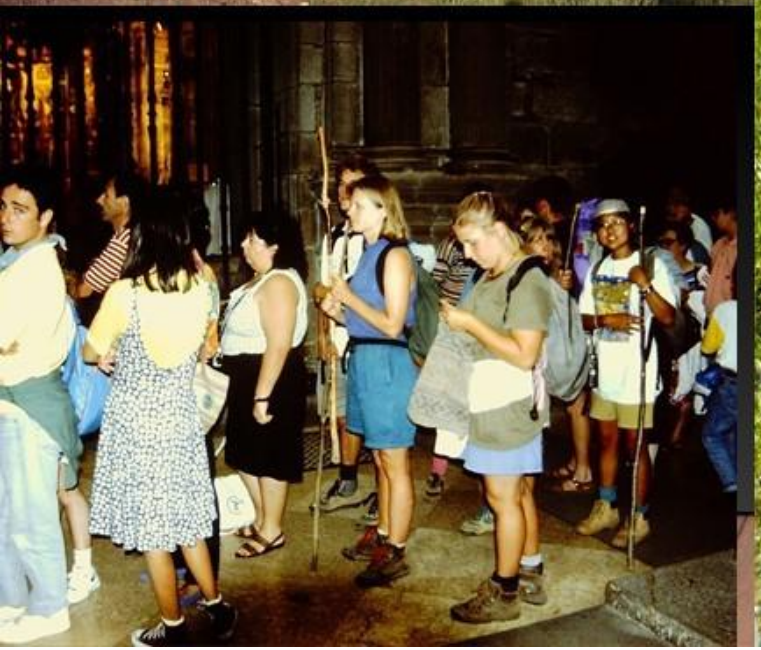
BY NANCY L FREY, PHD

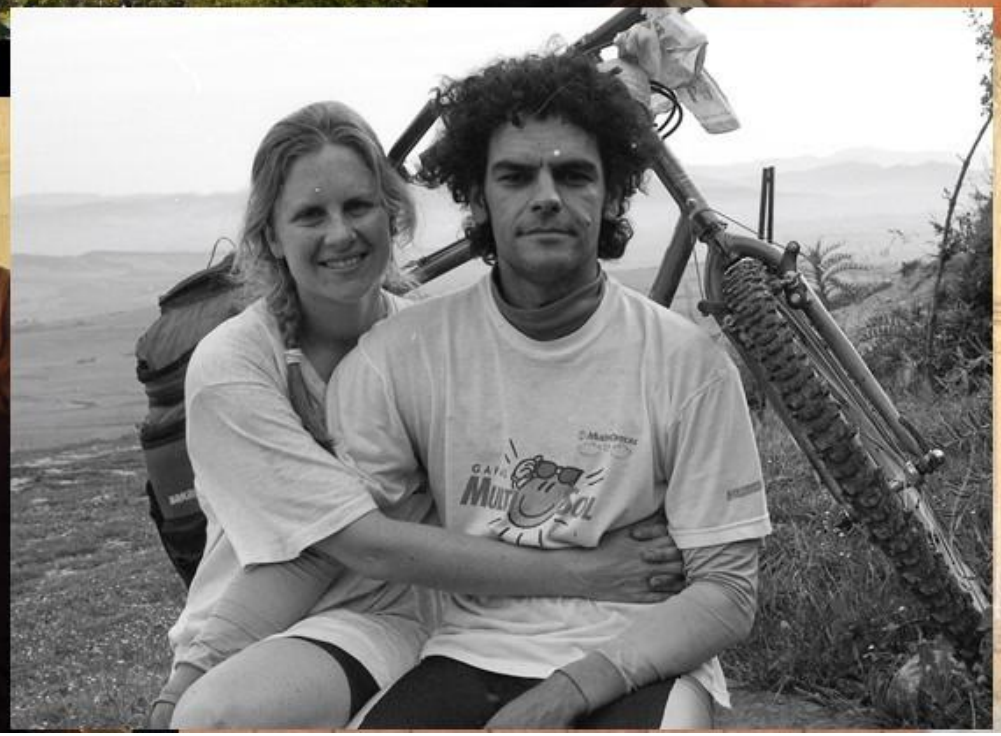
LIFE
IS A
CAMINO

University of California
SUMMA CUM LAUDE
1990 Greek Awards
UC SAN DIEGO
May 31, 1990
AUGUST 16
19 days
RUSSIAN
ANTARCTICA
29
ETHOS
Phi Beta Kappa
This Writing Certifies That
Nancy Louise Frey
Was made a member of ΦBK by action of the
Sigma of California at the University of California, San Die
June 5, 1990
in recognition of high attainments in liberal scholarship
In Witness Whereof, the President and the Secretary
STRESS
Good Morning
Let the
Stress
Begin...

She´s a kinda gettin´ it on that wheel….So, I don´t know what, um, what she plans to accomplish with that running that fast.

WHERE
AM
I
GOING?





Esta foto de Autor desconocido está bajo licencia CC BY-ND

Esta foto de Autor desconocido está bajo licenci

Esta foto de Autor desconocido está bajo licencia CC BY-SA

Esta foto de Autor desconocido está bajo licencia CC BY

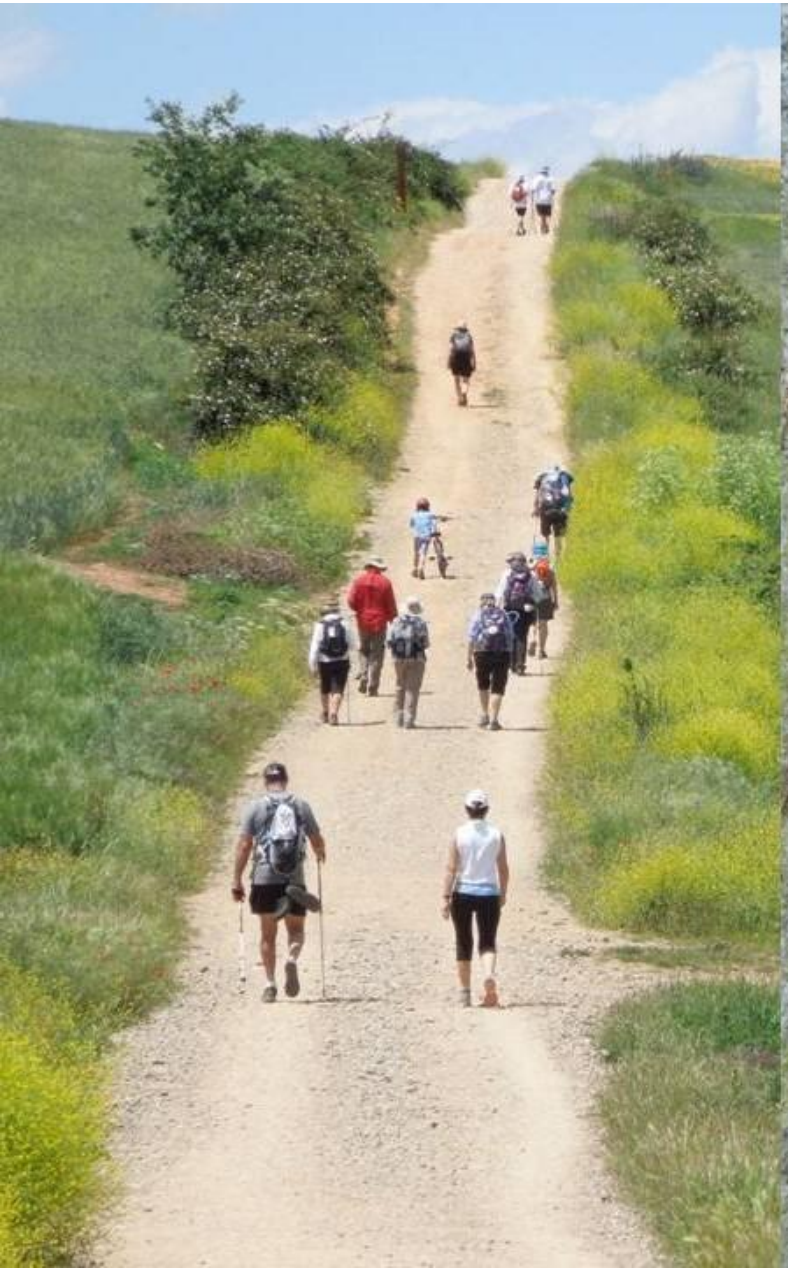
Esta foto de Autor desconocido está bajo licencia CC BY-SA

Esta foto de Autor desconocido está bajo licencia CC BY-NC-ND

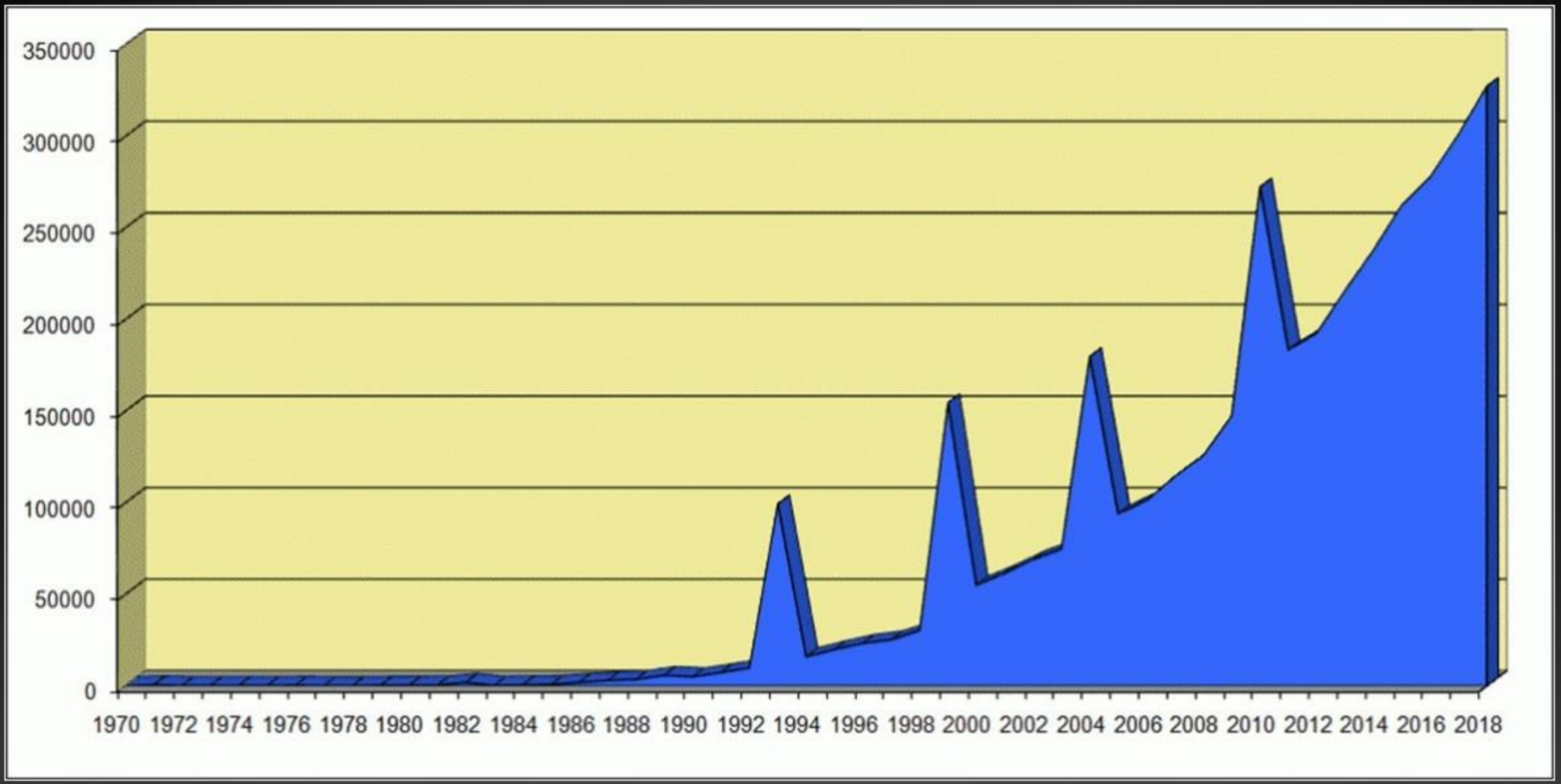
de Autor desconocido está bajo licencia

I AM A PIECE OF PAPER
I CONTROL YOUR LIFE

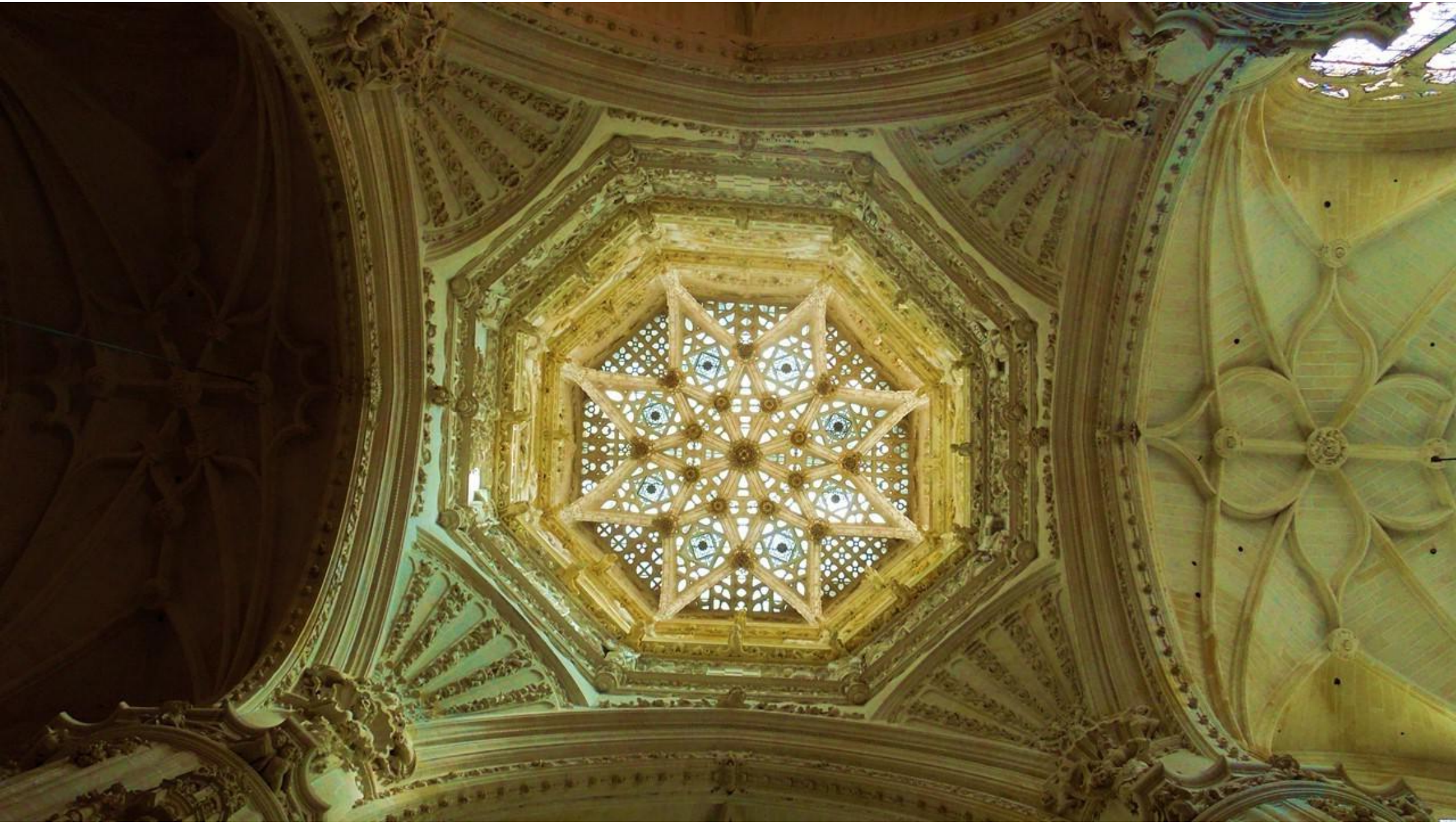
Autor desconocido está bajo licencia



WALK THIS WAY


350000
300000
250000
200000
150000
100000
50000
0
1970 1972 1974 1976 1978 1980 1982 1984 1986 1988 1990 1992 1994 1996 1998 2000 2002 2004 2006 2008 2010 2012 2014 2016 2018

1994: 33 nationalities
2015: 153 nationalitie
ABRE TU MENTE
Y TU CORAZON
RECIBE LO
QUE LLEGA
17 CATS
SUPERMARKET
한국 음식
LA GUERRIERA
OGGI HA FATTO 53 KM!!!
Felicidade sempre
Je me AMÔE
GIUSY
21-08-2019
PEACE LOVE JOY
HOPE
DREAM
5 TURKISH
PEOPLE WAS
HERE 19-07-2016



Esta foto de Autor desconocido está bajo licencia CC BY-SA

Esta foto de Autor desconocido está bajo licencia CC BY-SA

Esta foto de Autor desconocido está bajo licencia CC BY-SA-NC

Esta foto de Autor desconocido está bajo licencia CC BY-SA-NC

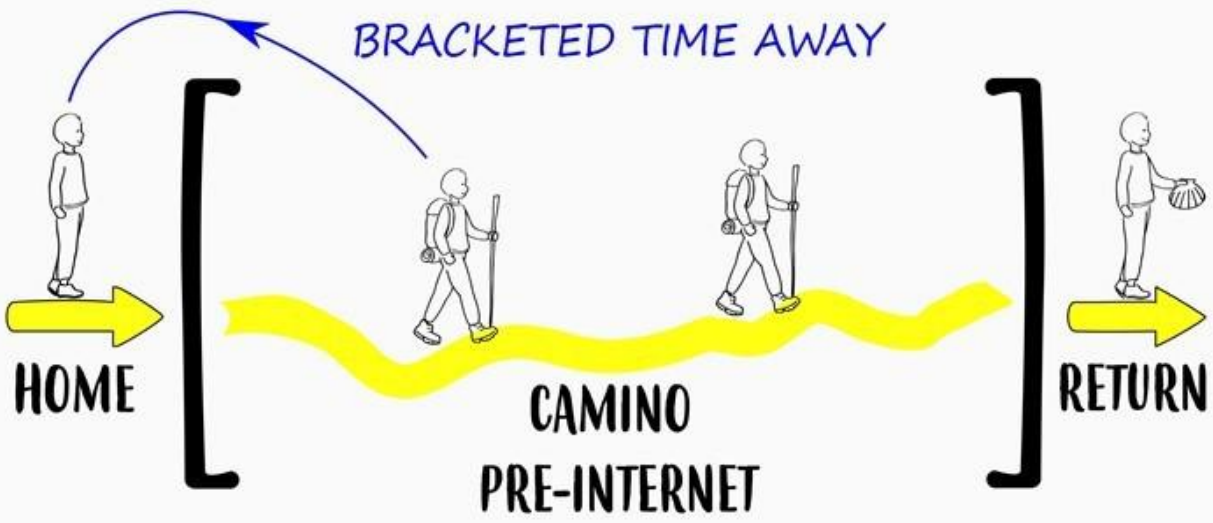
Esta foto de Autor desconocido está bajo licencia CC BY-SA

Esta foto de Autor desconocido está bajo licencia CC BY-NC

NOMOPHOBIA MEANS NO MOBILE PHONE ANXIETY/PHOBIA.

IN AMERICAN ENGLISH IT WOULD BE NOCELLPHOBIA, IE NO CELL PHONE ANXIETY/PHOBIA

"I remember the first day I was constantly listening for my phone ringing. I knew I didn´t have it but all the time I was hearing it ringing and then thinking, 'I don´t have it. It was scary.' Camilla, Sweden


BRACKETED TIME AWAY
HOME
CAMINO
PRE-INTERNET
RETURN

THE CAMINO IN THE CLOUD
NEWS
BLOG
Forum
Booking.com
reddit
HOME
CAMINO
DIGITAL AGE
RETURN

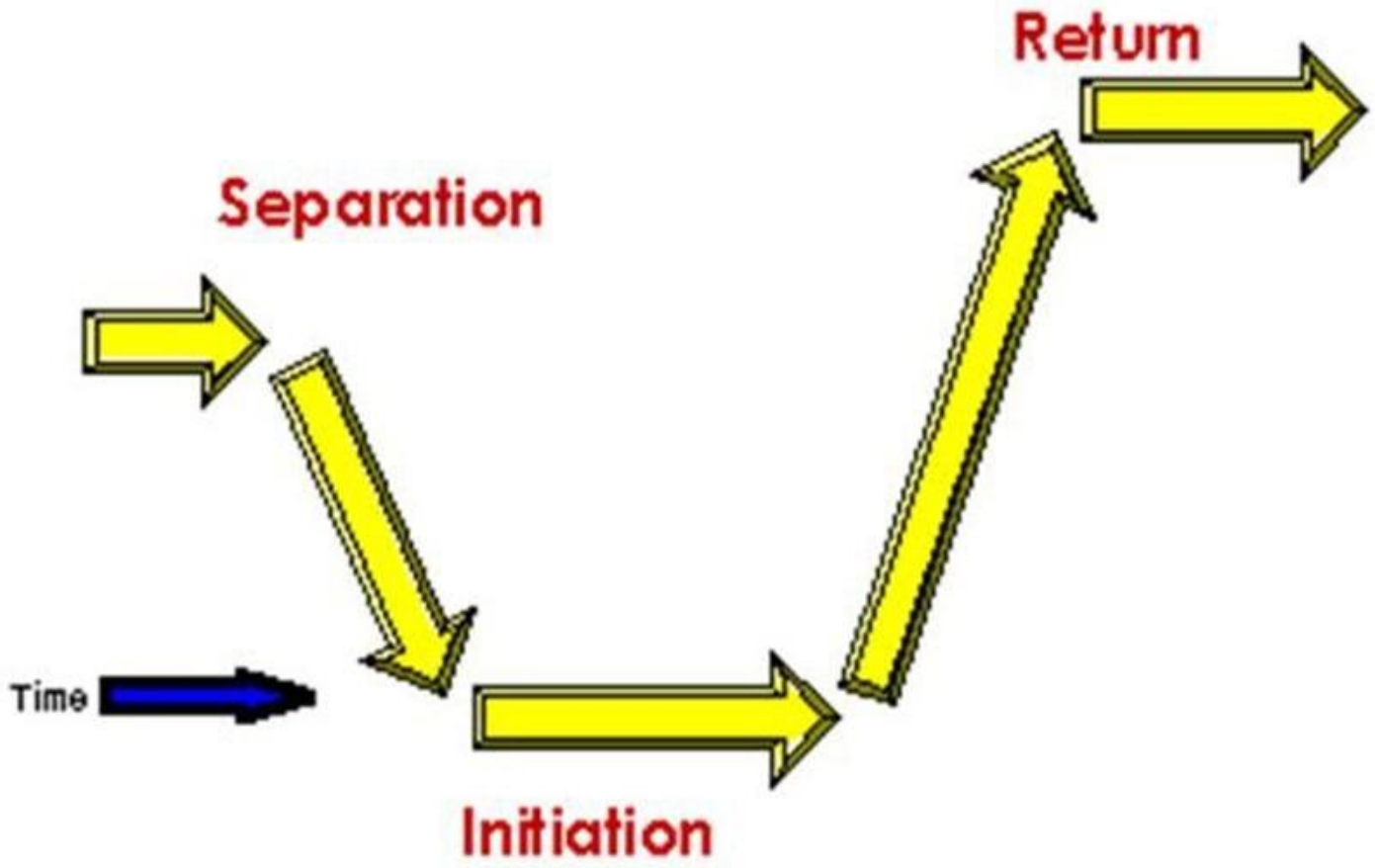
BOULDER

LIVE FROM THE CAMINO

Walking to Santiago
in the Digital Age
in 7 Vignettes

Players:
PROF. E WILEY´S PRESENCE
AND PERFORMANCE CLASS

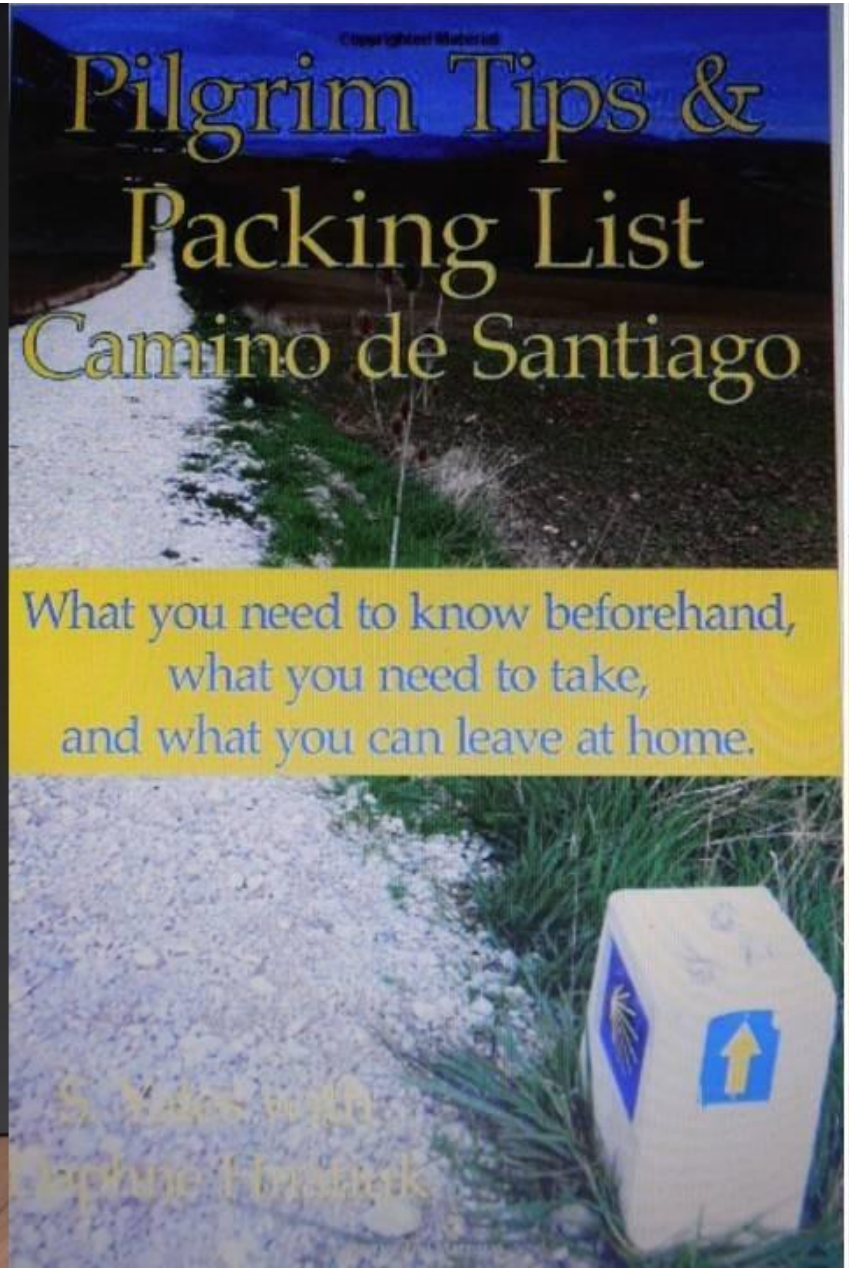
Rites of Passage

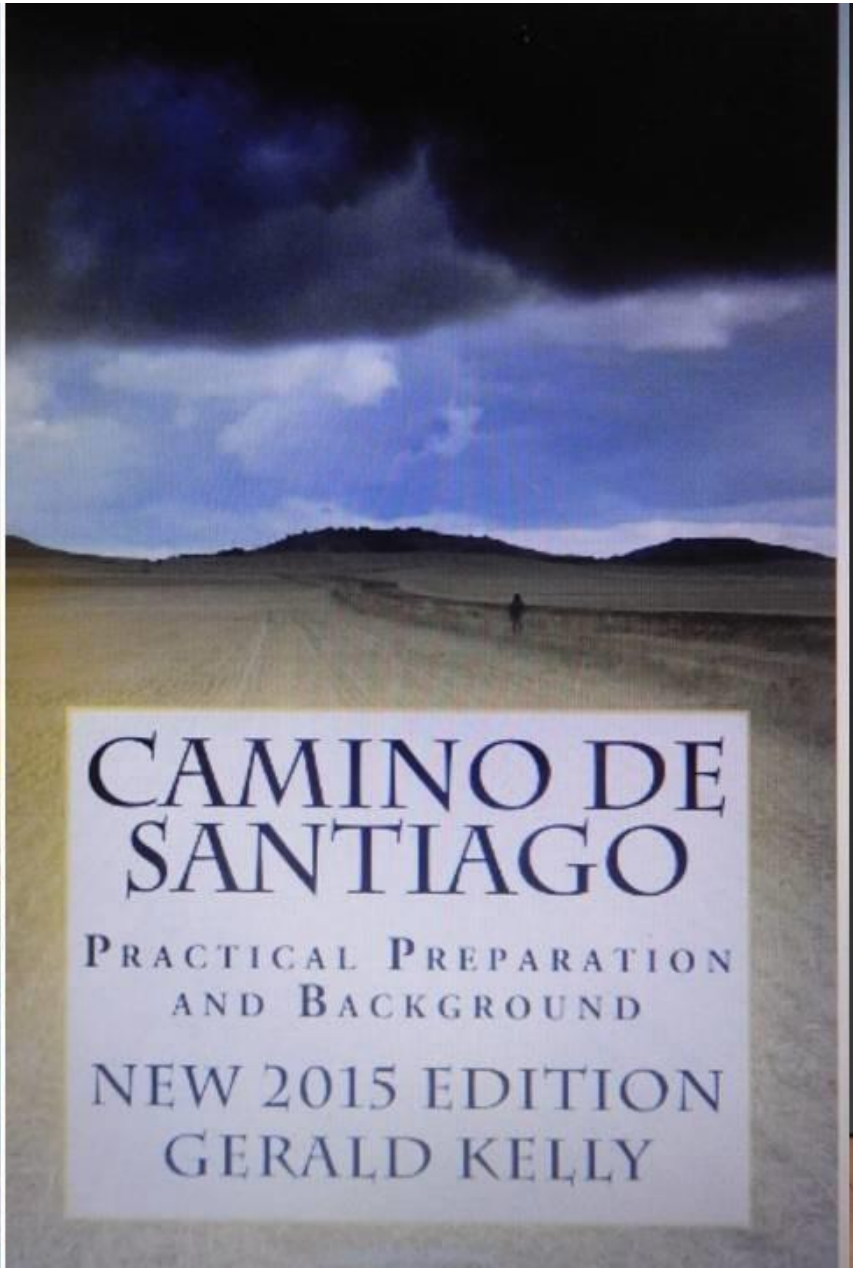


OUR PILGRIMS

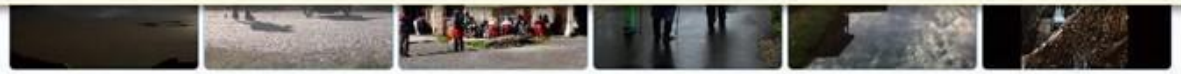
VIGNETTE 1 : LEAVING ´HOME´

Seagram's
THAT'S the NEW YORK LIFE


Pilgrim Tips &
Packing List
Camino de Santiago
What you need to know beforehand,
what you need to take,
and what you can leave at home.


CAMINO DE
SANTIAGO
PRACTICAL PREPARATION
AND BACKGROUND
NEW 2015 EDITION
GERALD KELLY

"Trending Topics" on Forum 2017



Trending Topics

A pilgrim was attacked by a robber
Posted By Mirabelle Lee In Personal Safety
Yesterday at 7:19 AM
Messages: 37, Views: 4,468

Corazon Puro closing
Posted By sillydoll In Camino Frances
Monday at 5:50 PM
Messages: 20, Views: 1,489

Is it worth taking a foldable bowl? Link in description.
Posted By JamieCam In Equipment Questions
Today at 9:57 AM
Messages: 8, Views: 81

Guess what I just did?
Posted By Al the optimist In Miscellaneous Topics
Yesterday at 3:21 PM
Messages: 10, Views: 360

Where to stay in Paris relatively cheaply
Posted By kinnear In How to travel from Paris to SJPP
Yesterday at 8:17 PM
Messages: 11, Views: 244

Best Rated Resources

"All" Albergues on the Camino Frances in one pdf — 64 votes
Camino Primitivo to Santiago and then to Muxia & Finisterre Guide — 13 votes
A selection of favorite albergues on the Camino Francés — 13 votes
Profile maps of all 34 stages of the Camino Frances — 13 votes
Camino Buff — 8 votes
When are the busy periods on the Camino Frances? — 11 votes
Guide: Saint Jean Pied de Port to Roncesvalles — 6 votes
Vía de la Plata/Sanabrés Walking & Accommodation Guide — 6 votes
Camino de Santiago - Getting Started Guide — 4 votes

Source: Screenshot https://www.caminodesantiago.me/community/

Forum thread: Need to Stop Reading this Forum
20 something male,
Aug 2013

I leave next Tuesday and I´ve decided to stop reading the forum now as its mostly just worrying me. Every day I´m reading how there are no beds….I keep on reading about people not acting in the spirit of the Camino…

Hopefully a break from the forum will allow my preconceptions to equalize again and allow me to regain my excitement.

TODO
PARA
PEREGRINOS
Concha / Pilgrim's shell
Guías / Guidebooks
Toallas / Microfibre towels
Souvenirs
Cuidado personal / Personal care
Saco de dormir / Sleeping bag
Zapatillas de montaña / Hiking shoes
Bastónes / Trekking sticks
Sello para Credencial / Credencial Stamp

CAMINO DE SANTIAGO
CUSHIONING GEL
Pamplona
Logroño
Burgos
León

drop the fear

Mahou

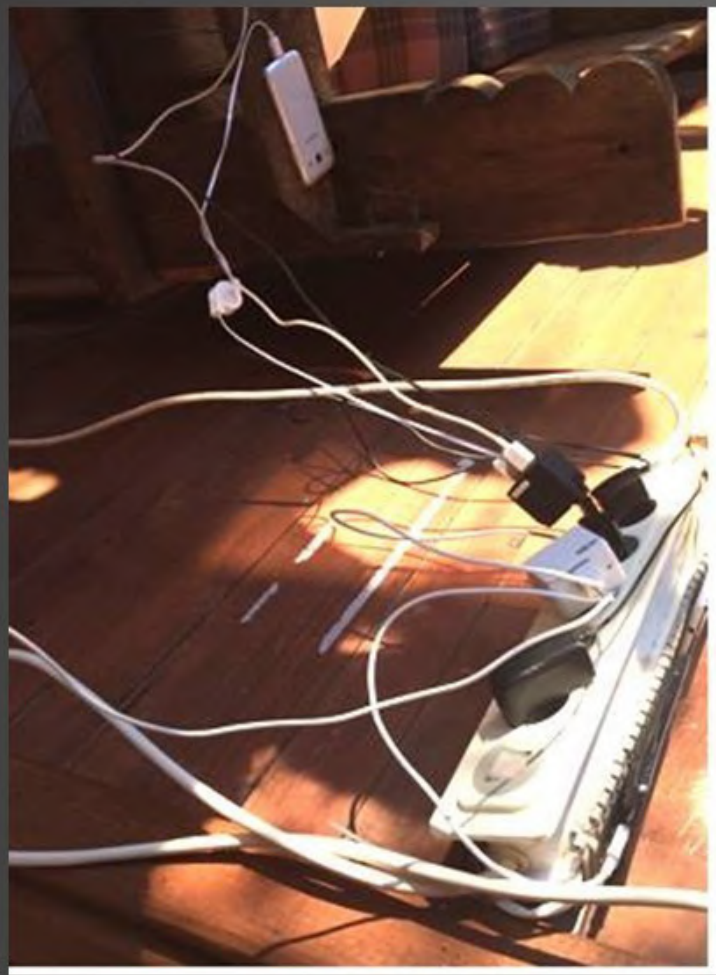
VIGNETTE 2: BEING WHERE YOU ARE

R
H
GP

R
H
GP

MERIDA - SANTIAGO

CANCELA



Recharge your battery
with ERDINGER!
Carga tus pilas con ERDINGER!
MESON
A Brea

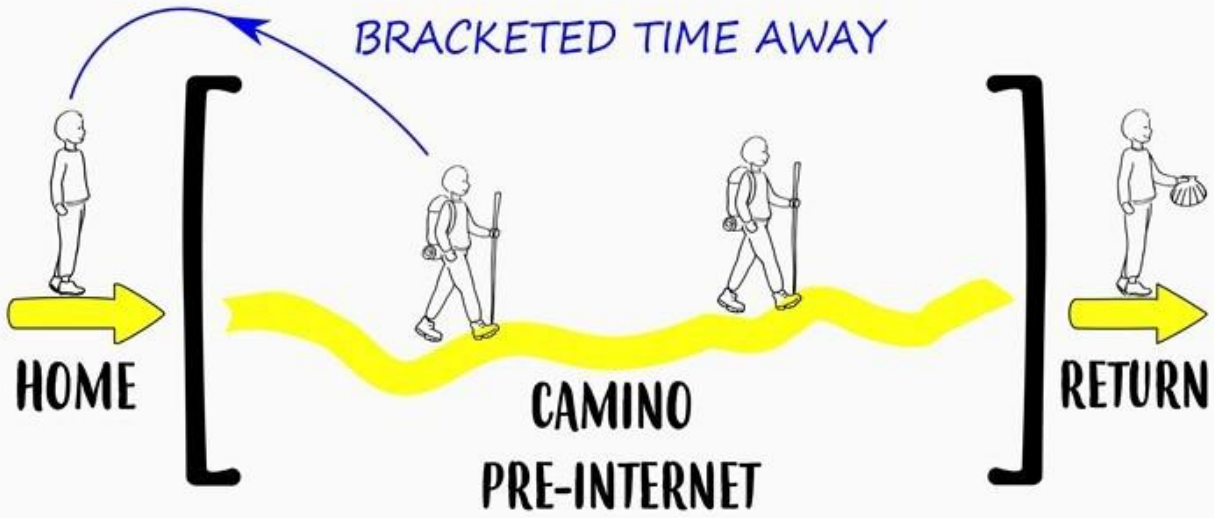
FRIGO
MENU DEL DIA
RESTAURANTE
EL PAJARO
MENU
ESPECIAL
Coca-Cola

VIGNETTE 3: IN THE ALBERGUE

ALBERGUE

Desayunos
Prohibido fumar
Prohibido fumar

Estrella Galicia

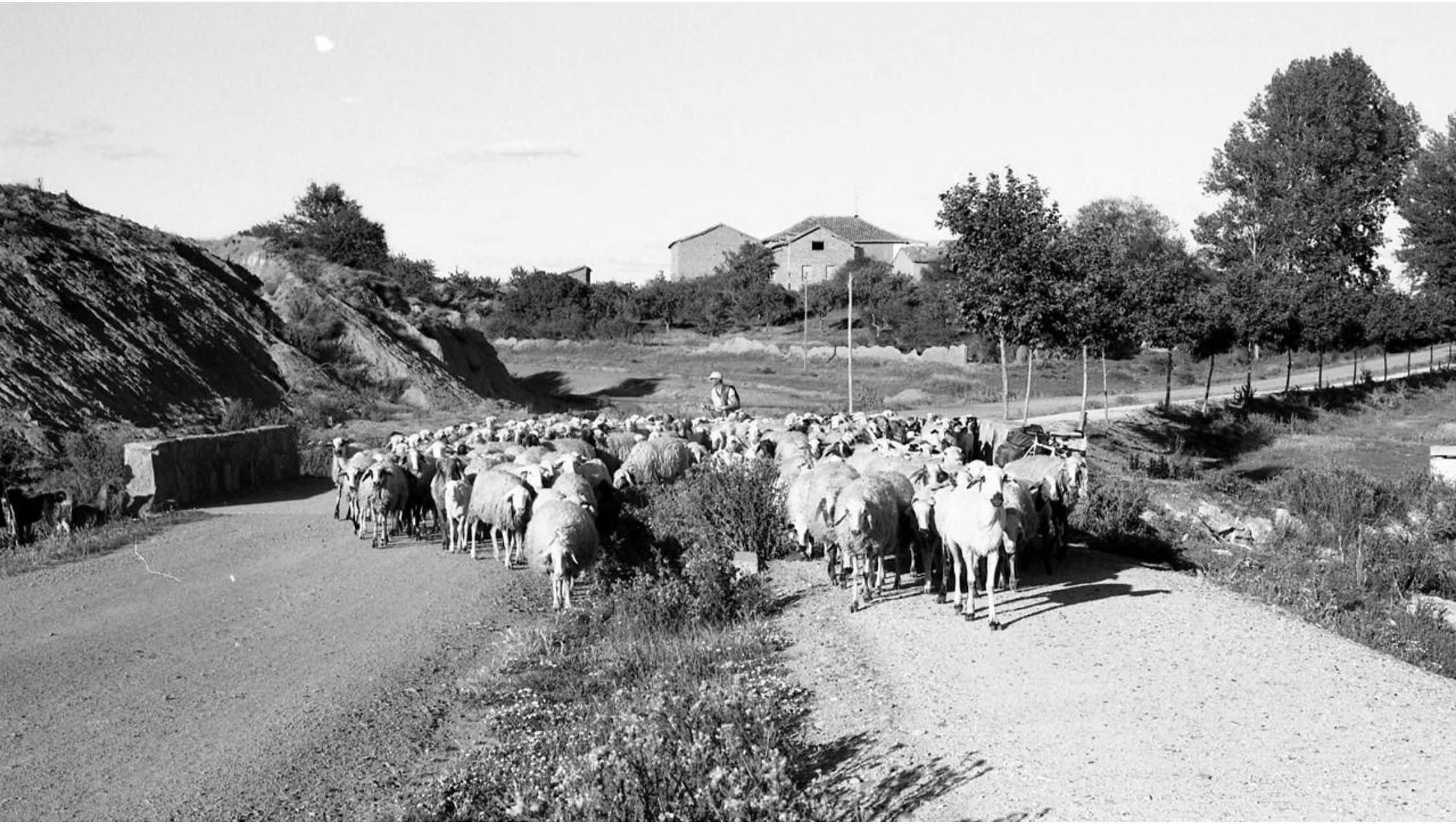

BRACKETED TIME AWAY
HOME
CAMINO
PRE-INTERNET
RETURN

NEWS
BLOG
THE CAMINO IN THE CLOUD
reddit
Forum
Booking.com
HOME
CAMINO
DIGITAL AGE
RETURN

I REMEMBER WHEN I WAS STAYING IN VILLATUERTA, THERE WERE 6 OF US ALL IN HAMMOCKS IN A ROW ON THE PORCH NEAR THE INDOOR COURTYARD. FOR AN HOUR BEFORE DINNER, I NOTICED ALL FIVE OTHERS IN THE ROW OF HAMMOCKS WERE ON THEIR PHONES, CONNECTING WITH OTHERS FAR AWAY AND THERE WAS NO CONNECTING WITH THOSE A FEW FEET AWAY. I WAS THE ONLY ONE LYING THERE, NO PHONE, SIMPLY DAYDREAMING.

16 JULY 2019, R. W.

VIGNETTE 4 : GETTING LOST



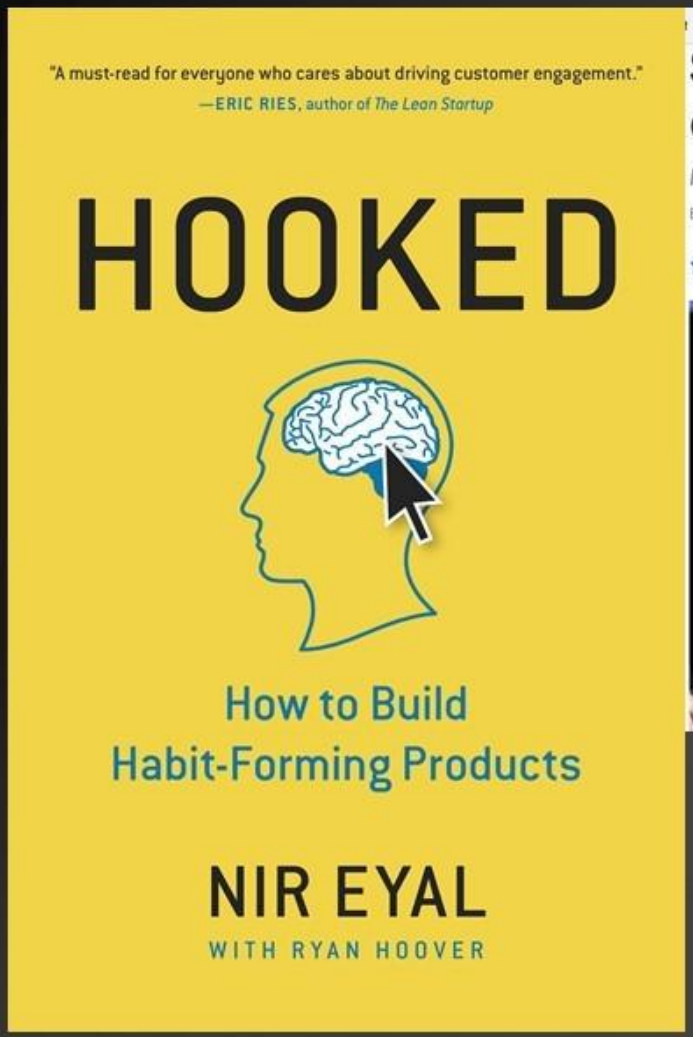
6

tripadvisor
aquí podes
navegar con
wi-fi R

bas de
e A-Cold-

CAMINO SANTIAGO
ESTELLA
GRATIS. DESCARGATE LA GUIA
Guide free download
INFORMACION UTIL PARA EL PEREGRINO
USEFUL INFORMATION FOR THE PILGRIM
SERIE TV
PELICULA / FILM
WEB
free pilgrim advices
www.santiago.nstar.eu

VIGNETTE 5 : POWER OF SOLITUDE



Sean Parker served as Facebook's first president and now says things like "Facebook is designed to exploit "a vulnerability in human psychology" to get its users addicted.' NY Post, 9 Nov 2017

VIGNETTE 6 : SILENTLY CREATING MEMORIES

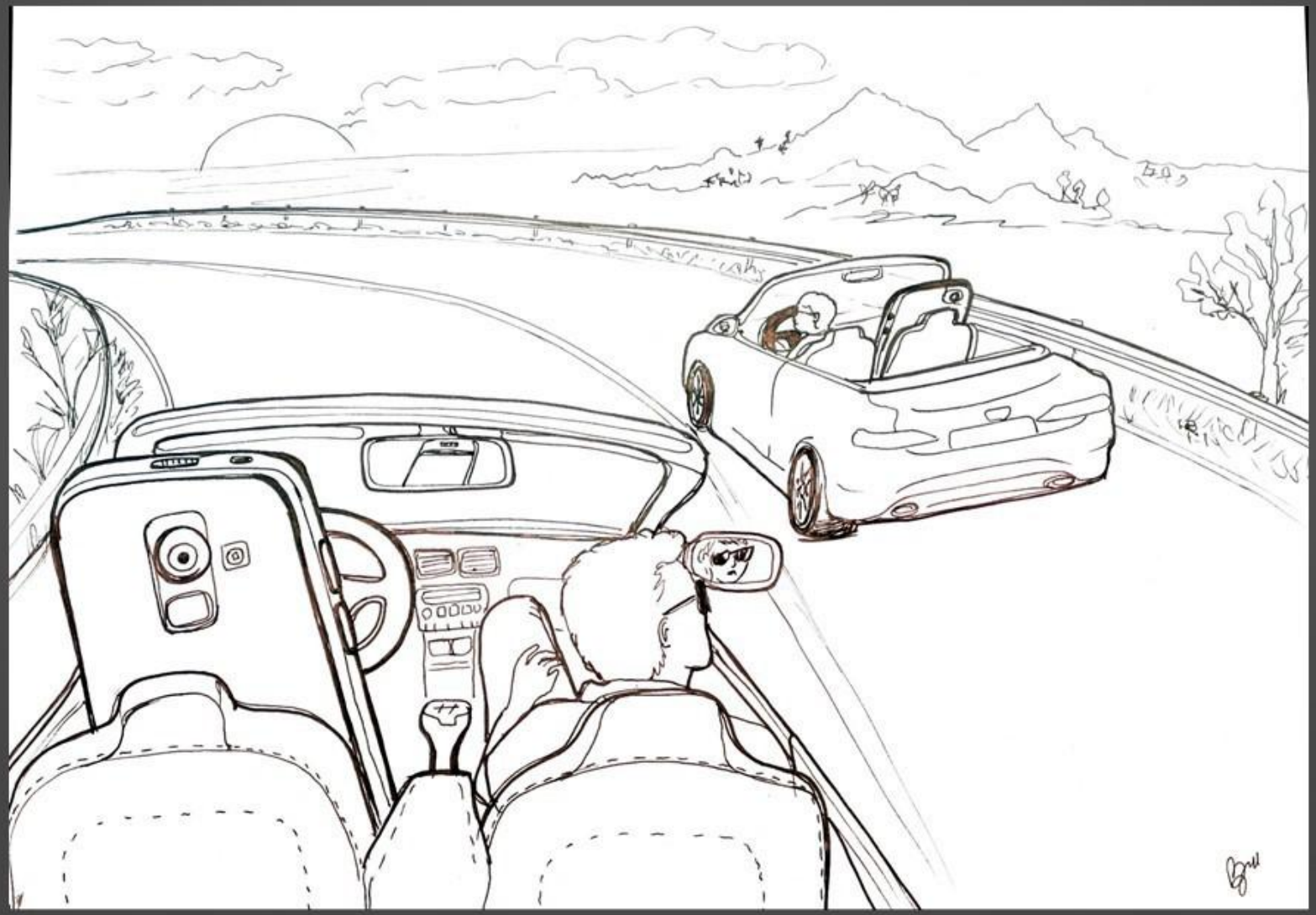
Esta foto de Autor desconocido está bajo licencia CC BY-SA

Esta foto de Autor desconocido está bajo licencia CC BY-NC

Esta foto de Autor desconocido está bajo licencia CC BY-SA

VIGNETTE 7 : THE RETURN

ARRIVAL



Buen Camino
Ultreya
Go Forward with
Courage!

PHOTO & VIDEO CREDITS

- All photos taken by Nancy Frey or Jose Placer or used with permission from friends and On Foot in Spain clients except as noted below.
- SLIDE 5 –Erin Paige Casey, Habitrail Cristal Review, 4 April 2013. URL: https://youtu.be/25TUuPzIT3A
- SLIDE 9 – Left, birth, URL https://www.scitecheuropa.eu/wp-content/uploads/2019/09/Mother-birth-696x392.jpg; Right – funeral, URL https://alistairreignblog.files.wordpress.com/2016/02/giulio-regeni-funeral.jpg
- SLIDE 10 – Upper left, 2 April 2008,Shikoku pilgrimage, URL: https://commons.wikimedia.org/wiki/File:P4022665-8番_熊谷寺山門から本堂への石段.jpg; Upper right, Jon Rawlinson, 17 Oct 2006, Bathing in the Ganges, URL: https://www.flickr.com/photos/london/279461148/; Lower right, Citizen59, 12 Nov 2010, La Mecque, URL:https://www.flickr.com/photos/t_abdelmoumen/5221133899/
- SLIDE 11 – St James & Philip, URL: https://1.bp.blogspot.com/_zz7eQa1BR7w/S9k5teRIQNI/AAAAAAAAAg0/7coZ1yKLEFk/s1600/SSP%26J.jpg;
- SLIDE 12 – Medieval pilgrims to Santiago de Compostela woodcut from Losada, Basilio and Manuel Vicente. 1992. O Camiño de Santiago. Vigo: Ir Indo, p. 58.
- SLIDE 15 – Airport, URL :https://www.piqsels.com/en/public-domain-photo-zkgdm
- SLIDE 28 – Pedro Pacheco, Panoramica Catedral de Santiago de Compostela, 30 Sept 2013, URL: https://commons.wikimedia.org/wiki/File:Panoramica_Catedral_de_Santiago_de_Compostela.jpg
- SLIDE 29 – Dan Perez, Pazo de Raxoi, 2 Aug 2011, URL : https://flickr.com/photos/danperezfilms/6074880954
- SLIDE 31 – Changi Airport Group, 24 Oct 2013, URL: http://www.mynewsdesk.com/sg/singapore-changi-airport/images/arrival-hall-239436

PHOTO & VIDEO CREDITS, CONT.

SLIDE

CALLE
ANTIAGO